

## Join us:

### ECFE Zoom Parent/Child Together Sessions and Parent Support

*Provided by Early Childhood Family Education (ECFE)*



In these unprecedented times, everyday life as we know it is changing. You may be concerned about your child's adjustment to these changes as they adapt to new routines such as social distancing, distance learning, and finding continued ways for them to interact with their friends. As a parent, you may have questions about how to support and navigate these unexpected transitions as well as provide a sense of structure and routine for your child. We've put together some fun parent/child activities for you to enjoy together during this time. Please join us for our new interactive Zoom sessions that will provide you with fun learning ideas you can do at home.

#### ECFE Zoom Parent/Child Together Sessions

Join us for our ECFE Zoom weekly sessions and take advantage of this special time for you and your child to enjoy fun learning activities together facilitated by our licensed ECFE staff. Sign up for one or as many as you would like each week. Activities are geared toward children ages 2-5 years. **Registration is required.** Cost: \$0

#### Drop-In Group Times - Parent and Child

##### **Mondays: Fun with Books - Interaction & Imagination**

11:30 a.m. - 12:00 p.m.

Register for any or all sessions: April 20, May 4, 11, 18

##### **Tuesdays: Creativity & Sensory Play**

11:30 a.m. - 12:00 p.m.

Register for any or all sessions: April 21, 28, May 5, 12, 19, 26

##### **Wednesdays: Calming Activities and Soothing Techniques for Preschoolers**

11:30 a.m. - 12:00 p.m.

Register for any or all sessions: April 22, 29, May 6, 13, 20, 27

##### **Thursdays: Rhyme Time with Books, Songs & Fingerplays**

6:00 - 6:30 p.m.

Register for any or all sessions: April 23, 30, May 7, 14, 21, 28

##### **Fridays: Drawing, Writing & Fine Motor Fun**

11:30 a.m. - 12:00 p.m.

Register for any or all sessions: April 24, May 1, 8, 15, 22, 29

Sessions are FREE, registration is required.

Register at: [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

Keyword: Zoom

#### PARENTING QUESTIONS

##### Try our individual Virtual Parent Consultations

*For families with children birth through elementary age*

Connect virtually with a Licensed Parent Educator to receive information on:

- Supporting Child(ren)'s Emotional Well-Being
- Parent Self-Care
- Virtual Community Resources
- And More

Virtual Parent Consultations occur using a web platform, text, email or phone. Request your consultation today:

<https://forms.gle/kkeqH9URzkCKr3mG8>



Questions about registration?

Contact Brenda Griffin at

651-425-2701

We hope to connect with you soon!



South Washington County Schools Early Learning Programs  
Early Childhood Family Education • Preschool • Early Childhood Screening  
Offered through Community Education