

**Join us:**

## **ECFE Zoom Parent Weekly Discussion Sessions**

*Provided by Early Childhood Family Education (ECFE)*



In these unprecedented times, everyday life as we know it is changing. You may be concerned about your child's adjustment to these changes as they adapt to new routines such as social distancing, distance learning, and finding continued ways for them to interact with their friends. As a parent, you may have questions about how to support and navigate these unexpected transitions as well as provide a sense of structure and routine for your child. We hope you will join us for one or more virtual parent discussion and informational sessions.

**Multiple dates/times are available. See registration link for details.**

### **Week of April 27-Creating Routines and Finding Balance**

Tuesday, April 28

Wednesday, April 29

Thursday, April 30

### **Week of May 4-Following your Child's Lead: What Real Learning Looks Like**

Monday, May 4

Wednesday, May 6

Thursday, May 7

### **Week of May 11-Feelings: What your child's behavior is telling you; including how to talk with your child about COVID-19 and answer big questions**

Tuesday, May 12

Wednesday, May 13

Friday, May 15

### **Week of May 18-Using Media Wisely: Maximizing the benefits and minimizing negative effects**

Tuesday, May 19

Wednesday, May 20

Thursday, May 21

### **Week of May 25: Intentional Parenting: Focusing on solutions and making happy memories**

Tuesday, May 26

Wednesday, May 27

Thursday, May 28

**Sessions are FREE. Registration is required.**

**Register at:** [sowashco.ce.eleyo.com](https://sowashco.ce.eleyo.com)

**Keyword:** Parent Education



## **PARENTING QUESTIONS**

**Try our individual Virtual Parent Consultations  
For families with children birth through elementary age**

Connect virtually with a Licensed Parent Educator to receive information on:

- Supporting Child(ren)'s Emotional Well-Being
- Parent Self-Care
- Virtual Community Resources
- And More

Virtual Parent Consultations occur using a web platform, text, email or phone. Request your consultation today.

<https://forms.gle/kkeqH9URzkCKr3mG8>



**Questions about registration?**

**Contact Brenda Griffin at**

**651-425-2701**

**We hope to connect with you soon!**

South Washington County Schools Early Learning Programs  
Early Childhood Family Education • Preschool • Early Childhood Screening  
Offered through Community Education