

Washington County Memory Minder Kits:

For Individuals with Early Stage Memory Loss

All early stage Memory Minder Kits include:

A Caregiver's Guide to Dementia by Laura N. Gitlin & Catherine Verrier Piersol, and *Stories: Gems in your family treasure box*

Memory Minder Kit #1:

- Numbers and Suits card game
- MindStart 63-piece puzzle
- *The Decade you were Born: The 40s* (DVD)

Memory Minder Kit #2:

- Spot it! game
- Motown Classics gold (music CD)
- *Finishing Lines Activity Book, Vol. 1* by Beckie Karras

Memory Minder Kit #3:

- Rush Hour puzzle game
- *Finishing Lyrics* by Beckie Karras
- *Nostalgic America* Book

Memory Minder Kit #4:

- New Orleans (music CD)
- Uno Card game
- MindStart puzzle (United States map)

Memory Minder Kit #5:

- *Finishing Lines, Volume 2* by Becky Karras
- *Beautiful Landscapes* by Sophia Simone
- Zydeco (music CD)

Memory Minder Kit #6:

- Simply the best 60s (music CD)
- *The Old Farmer's 2020 Almanac* by Robert B. Thomas
- *Joggin' Your Noggin: with Memorable Events 1920-1970* by Mary Randolph

Memory Minder Kit #7:

- Neil Diamond All-Time Greatest Hits (music CD)
- *Joggin' Your Noggin II* by Mary Randolph
- *Daily Doses of Nostalgia: Fall Months* by John and Fran Artman

Memory Minder Kit #8:

- *Awkward Family Photos* by Mike Bender and Doug Chernack
- *Guided Meditations to Relieve Stress* (audio CD) by Belleruth Naparstek
- Shake Loose a Memory game

Memory Minder Kit #9:

- *Mammals Minnesota Field Guide* by Stan Tekiela
- Attainment's Thinking Cards activity game
- The Beatles 1967-1970 (audio CD)

Memory Minder Kit #10:

- *National Geographic's Almanac 2019*
- *The Greatest Moments in Sports* (with accompanying audio CD) by Len Berman
- The art of Segovia (music CD)

Memory Minder Kit #11:

- *Cuba: 101 Beautiful and Nostalgic Places to Visit* by Michael Connors and Jorge A. Laserna
- *Art of Cuba* by Gilbert Brownstone
- Buena Vista Social Club (audio CD)

Memory Minder Kit #12:

- *Mexico 1900-1950* by Dallas Museum of Art
- Luis Miguel ¡México Por Siempre! (music CD)
- *The Essential Neruda Selected Poems* (book)

Memory Minder Kit #13:

- *Bedtime Inspirational Stories: 50 Amazing Black People Who Changed the World* by L.A. Amber
- *New Century Soul Food Cooking* by Dr. M. V. Perry
- The Very Best of Nat King Cole (music CD)

Learn more at:

LivingHealthyWC.org/HealthyAging

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Washington County Memory Minder Kits:

For Individuals with Middle Stage Memory Loss

All middle stage Memory Minder Kits include:

Creating Moments of Joy by Jolene Brackey and *Stories: Gems in your family treasure box*

Memory Minder Kit #14:

- Expressions game
- *Remembering When* (DVD)
- *Flowers: A Collection of Floral Photography and Proverbial Wisdom* by Matthew Schneider

Memory Minder Kit #15:

- Memory Train puzzle game
- *Awkward Family Photos* by Mike Bender and Doug Chernack
- *Fun and Games: Childhood Reflections on Sports and Leisure*

Memory Minder Kit #16:

- *Daily Doses of Nostalgia: Spring Months*
- *Dogs and puppies: Heartwarming Stories about Man's Best Friend*
- Wooden Memory Matching Game: "Match Stacks Wild Animals"

Memory Minder Kit #17:

- Celebrating America: In words, songs and pictures (audio CD)
- *America: Scenic Wonders and Remarkable Sites that Celebrate the Spirit of the Nation* by Matthew Schneider and Deborah Drapac
- Tangle Brain Tools Game from BrainTools

Memory Minder Kit #18:

- *Reader's Digest: The Most Scenic Drives in America*
- Magna Qubix puzzle game (Magna tiles)
- The Ultimate Driving Collection (music CD)

Memory Minder Kit #19:

- Shake Loose More Memories game
- National Parks (DVD)
- 24-piece Baseball puzzle

Memory Minder Kit #20:

- *The Great Minnesota Fish Book* by Tom Dickson
- Love to Fish (DVD)
- *Joggin' Your Noggin* by Mary Randolph

Memory Minder Kit #21:

- 4 color dry erase coloring book
- Favorite Things: winter collection (DVD)
- Favorite Things: winter collection flash cards (conversation starters)

Memory Minder Kit #22:

- 1 game by Mindstart (pack of cards)
- *Finishing Lines, Vol. 1* by Beckie Karras
- 1 puzzle (Garden)

Memory Minder Kit #23:

- Marble Track Maze game puzzle
- A Guided Meditation for Relaxation and Wellness (audio CD)
- *Awkward Family Pet Photos* by Mike Bender and Doug Chernack

Memory Minder Kit #24:

- *The Life & Love of the Sea* by Lewis Blackwell
- Match the photos game: Musical instruments
- Classic car puzzle

Memory Minder Kit #25:

- Charles Bradley Changes (music CD)
- *Laughing Out Loud, I Fly: Poems in English and Spanish* by Juan Felipe Herrera
- *Flora: El Mundo Secreto De Las Plantas* by Juan Felipe Herrera

Memory Minder Kit #26:

- Fidgitz puzzle game
- Favorite Things: The Homemaker (DVD)
- Luis Miguel / ¡México Por Siempre! (music CD)

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Washington County Memory Minder Kits:

For Individuals with Late Stage Memory Loss

All late stage Memory Minder Kits include:

Loving Someone Who Has Dementia by Pauline Boss, and *Stories: Gems in your family treasure box*

Memory Minder Kit #27:

- *Wild Animals: A collection of photographs and facts from the animal kingdom* by Matthew Schneider and Deborah Drapac
- Music for the Mind and Heart (DVD/CD combo)
- BrainTools Imagine activity

Memory Minder Kit #28:

- *Seasons: Touching Memories from Spring, Summer, Fall and Winter* by Matthew Schneider and Deborah Drapac
- Look and Lace Activity game
- Gonna Do a Little Music (DVD) by Video Respite

Memory Minder Kit #29:

- *Colors: An exploration of color through poetry and pictures* by Matthew Schneider and Deborah Drapac
- Sentimental Sing-Along Collection (DVD & CD)
- Look and Lace activity set

Memory Minder Kit #30:

- *Bible Verses: Beloved words from scripture and inspirational photographs* by Matthew Schneider and Deborah Drapac
- Praise and Glory: In words, songs and pictures (with accompanying music CD)
- Recollections: Remembering through sights and sounds (DVD)

Memory Minder Kit #31:

- Louis Armstrong, An American Original (CD)
- Mindstart puzzle (flowers)
- Chat Cards on ring

Memory Minder Kit #32:

- Bradley Joseph Solo Journey (music CD)
- Color Rush game
- *Celebrating America* (audio CD)

Memory Minder Kit #33:

- Green Gel-Maze mat
- Favorite Things Great Outdoors (DVD)
- Favorite Things Great Outdoors Photo and Activity cards

Memory Minder Kit #34:

- Favorite Things Cat Reminiscence (card game and accompanying DVD)
- Pocket Pack Grab and Go Activity Kit

Memory Minder Kit #35:

- Favorite Things Spring Collection (DVD)
- Favorite Things Spring Collection Photo and Activity Cards
- Tangram Game

Memory Minder Kit #36:

- Nature Sounds (4 CD set)
- Favorite Things Patriotic Collection Activity cards
- Favorite Things Patriotic Collection (DVD)

Memory Minder Kit #37:

- 1 gel mat (underwater ocean theme)
- Coral Tranquility (DVD)
- *Simply Beautiful photographs* by Annie Griffiths

Memory Minder Kit #38:

- *Life in Color* by Annie Griffiths
- Imagine Snap card game
- Sweet Honey in the Rock (music CD)

Memory Minder Kit #39:

- Astor Piazzolla the soul of Tango, greatest hits (music CD)
- *The Seasons* by Brenda C. Poulos
- Match the shapes game

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